

Seven
Part VI; August 5, 2018

Five Observations About Gratitude:

Grateful people are more generous.

Grateful people are more appreciative.

Grateful people are more at peace.

Grateful people are more helpful.

Grateful people are happier.

“Putting On The Glasses of Gratitude”

**Look through the lens of Humility:
You are rich compared to most!**

Think about these facts:

- 1/2 of the world lives on less than \$2.50 a day.
- 80% of the world lives on less than \$10 a day.
- 750 million people don't have adequate drinking water.
- 2 million+ children die a year from lack of health care.
- 1/4 of all humans live without electricity.

**Look through the lens of Indebtedness:
You are a product of the investment of others!**

There's no such thing as a “self-made man!”

**Look through the lens of Perspective:
Your life could be so much worse!**

“If only the LORD had killed us back in Egypt,” they moaned. “There we sat around pots filled with meat and ate all the bread we wanted. But now you have brought us into this wilderness to starve us all to death.”
– Exodus 16:3 (NLT)

**Look through the lens of Grace:
Your entire life is a gift from God!**

But who am I, and who are my people, that we could give anything to you? **Everything we have has come from you, and we give you only what you first gave us!**
– 1 Chronicles 29:14 (NLT)

The sin of this one man, Adam, caused death to be king over all, but all who will take God's gift of forgiveness and acquittal are kings of life because of this one man, Jesus Christ.
– Romans 5:17 (TLB)